



POSTOPERATIVE INSTRUCTIONS FOLLOWING IMPLANT PLACEMENT

- To control bleeding a gauze sponge will be placed in your mouth. Bite gently on gauze for 30 minutes. If bleeding continues, place another gauze and bite gently for another 30 minutes or until bleeding stops.
- **DO NOT** wear your denture or partial until you are instructed to do so as excessive pressure in that area may compromise the implant and tissue healing.
- **DO NOT** eat anything hard, spicy, or sharp for the next few days. Avoid commercial mouth rinses and drinking alcohol.
- Soreness and swelling often occur. Before the anesthetic wears off take Motrin or Advil type pain relievers (unless contraindicated). An ice pack 15 minutes on then 15 minutes off alternating for about an hour will help pain and swelling. Also elevating head at night will help.
- Three prescriptions have been written, one for pain, one for an antibiotic mouth rinse, and another for an antibiotic. Take all of these as directed and be sure to finish all of the antibiotic pills given to you to prevent possible infection.
- If you develop a fever, have unrelieved pain for three days, or have some persistent numbness please call the office.
- Sutures often are placed and are absorbable but, they may persist until the 1 week post procedure visit and will be taken out then if still there.